

VITALS: HEIGHT \_\_\_\_\_ WT \_\_\_\_\_ BP \_\_\_\_\_ PULSE \_\_\_\_\_

NAME \_\_\_\_\_ DATE: \_\_\_\_\_

In your own words, please describe the reason for this visit and your current difficulties:

When did these symptoms begin: \_\_\_\_\_ Goals for treatment: \_\_\_\_\_

Is there anything that makes these symptoms better/ worse: \_\_\_\_\_

How is this affecting your life (relationships, job, school, and/or health:)

**PSYCHIATRIC HISTORY:** Do you have any other Mental Health Diagnoses? YES NO (if yes please describe)

Please list other Mental Health Providers: \_\_\_\_\_

Have you ever been hospitalized for Mental Health illness? YES NO (if yes, list when and where)

Have you ever attempted suicide? YES NO Have you ever been to substance abuse program? YES NO (if yes when and where \_\_\_\_\_)

Have you ever used, or do you currently use any of the following: (mark all that apply)

Nicotine/Tobacco Alcohol Marijuana Meth Crack/ Cocaine Heroin Narcotics/Pain killers

Other illicit Drugs: \_\_\_\_\_ Have you ever injected a drug? YES NO

Do you smoke cigarettes? YES NO Chewing Tobacco? YES NO

Electronic cigarettes? YES NO Nicotine Gum/Patch? YES NO

If yes, when did you first start, and how much per day? \_\_\_\_\_

**MEDICAL HISTORY:** PCP \_\_\_\_\_

Diabetes High Blood Pressure High Cholesterol Seizure Disorder Hepatitis Thyroid Problems

Chronic Pain Serious Head Injuries Other Medical Problems: \_\_\_\_\_

List all Surgeries (and year): \_\_\_\_\_

List all current medications: \_\_\_\_\_

Do you have any allergies: YES NO If yes, please list medication and effect:

**FAMILY HISTORY:** Is there anyone in your family with (mark all that apply):

Depression Anxiety Bipolar Disorder Post-traumatic Stress Schizophrenia Anger/Violence ADHD

Autism Eating disorder Learning, developmental / intellectual differences Legal Problems

Does anyone in your family have a drug or alcohol problem? YES NO

Has anyone in your family committed suicide? YES NO

History of medication use: \_\_\_\_\_

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**SOCIAL HISTORY:** Where were you born and raised? \_\_\_\_\_

In Elementary, Junior High, or High School, what type of classes did you attend? \_\_\_\_\_

Regular, mainstream classes      Advanced classes      Special Education classes

**Highest Level of Education:**    Some High school    High school diploma    GED    some college

2yr/Associates      4yr/Bachelor's      Master's Degree      Trade School/Other \_\_\_\_\_

Marital Status:    Single, never married    Married    Separated    Divorced    Widowed

Any Children?    YES    NO    If yes, how many? \_\_\_\_\_, please list gender and age below

Gender \_\_\_\_\_ Age \_\_\_\_\_; Gender \_\_\_\_\_ Age \_\_\_\_\_; Gender \_\_\_\_\_ Age \_\_\_\_\_; Gender \_\_\_\_\_ Age \_\_\_\_\_;

Gender \_\_\_\_\_ Age \_\_\_\_\_

Who do you currently live with? \_\_\_\_\_

**EMPLOYMENT:**    Employed    Unemployed    Retired    Disabled    **Occupation:** \_\_\_\_\_

Income:    Employment    SSI      SSDI      Pension      Other \_\_\_\_\_

Have you ever been a victim of physical or sexual abuse or trauma:    YES    NO

Have you ever been arrested or imprisoned:    YES    NO

Do you currently have a case manager?    YES    NO    If yes, who? \_\_\_\_\_

Do you have access to any guns/firearms?    YES    NO

Were you ever in the military?    YES    NO    If yes, what branch and highest rank? \_\_\_\_\_

Cultural and Religions Considerations: \_\_\_\_\_

**Physical Symptoms as of TODAY:**

Fatigue    Weight change    Fever    Chills    Sudden Vision Changes    Sinus problems    Sudden Hearing Changes

Ringing in your Ears    Throat problems    Cough    Low Sex Drive    Chest pain/discomfort    Shortness of Breath

Frequent Urination    Difficulty Starting Urine Stream Drive    Erectile Dysfunction    Nausea

Vomiting    Diarrhea    Constipation    Muscle or Joint Pain    Cold Intolerance    Numbness/Tingling

Heat Intolerance Women:    Unusual discharge or bleeding    Menopause    Date of last period: \_\_\_\_\_

Other: \_\_\_\_\_